

## DUAL 1: WEST VIRGINIA

Nov. 13, 2021 | 1 p.m. CT

WVU Coliseum (14,000) | Morgantown, W.Va.

TV: Big 12 Now on ESPN +

# OKLAHOMA

7 NATIONAL CHAMPIONSHIPS ♦ 24 CONFERENCE TITLES ♦ 67 NATIONAL CHAMPIONS ♦ 186 CONFERENCE CHAMPIONS ♦ 277 ALL-AMERICANS

### 2021-22 SCHEDULE/RESULTS

N6	Michigan State Open	3 Titles
N13	at West Virginia*	1 p.m.
N19	Arizona State	8 p.m.
N21	at Northern Colorado*	3 p.m.
D3-4	Cliff Keen Invitational	All Day
<b>D12</b>	<b>OKLAHOMA STATE*</b>	<b>TBA</b>
J14-15	Virginia Duals	All Day
<b>J20</b>	<b>MISSOURI*</b>	<b>7 p.m.</b>
J23	at Northern Illinois	12 p.m.
<b>J28</b>	<b>IOWA STATE*</b>	<b>7 p.m.</b>
<b>J30</b>	<b>NORTHERN IOWA*</b>	<b>3 p.m.</b>
<b>F4</b>	<b>LITTLE ROCK</b>	<b>6 p.m.</b>
<b>F6</b>	<b>SOUTH DAKOTA STATE*</b>	<b>3 p.m.</b>
F20	@ Oklahoma State*	TBA
M5-6	Big 12 Championships#	All Day
M17-19	NCAA Championships\$	All Day

HOME | Away

All times Central and subject to change.

Home duals held inside McCasland Field House.

\* Conference Dual

# Held at BOK Center in Tulsa, Okla.

\$ Held at Little Caesars Arena in Detroit, Mich.

### OU COMMUNICATIONS

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### DUAL COVERAGE INFO

TV: Big 12 Now on ESPN +

PXP: Alex Wiederspiel

Analyst: Tony Onorato

Live Stats: TrackWrestling.com

### OKLAHOMA QUICK FACTS

**Official Name:** University of Oklahoma

**Location:** Norman, Okla.

**Founded:** 1890

**Enrollment:** 31,255

**Nickname:** Sooners

**Colors:** Crimson and Cream

**President:** Joseph Harroz Jr.

**Athletics Director:** Joe Castiglione

**Sport Administrator:** Jason Leonard

**Arena:** McCasland Field House (4,640)

Lloyd Noble Center (11,562)

**Official Website:** SoonerSports.com

### #17 OKLAHOMA SOONERS (0-0, 0-0 BIG 12)

Head Coach: Lou Rosselli

Record at OU: 39-35 (6th season)



### WEST VIRGINIA MOUNTAINEERS (0-0, 0-0 BIG 12)

Head Coach: Tim Flynn

Record at WVU: 15-29 (4th season)

## OKLAHOMA PROJECTED STARTERS

### 125

#### JOEY PRATA

R-Sr. • Richmond, Va.  
St. Christopher's School



Record	MD	TF	Falls
4-0	0	0	0

### 133

#### TONY MADRIGAL

Sr. • Oak Park, Ill.  
Oak Park River Forest HS



Record	MD	TF	Falls
5-0	1	0	0

### 141

#### DOM DEMAS

R-Sr. • Columbus, Ohio  
Dublin Coffman HS  
-or-

#### JACOB BUTLER

R-Jr. • Elgin, Okla.  
Elgin HS

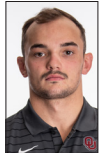


Record	MD	TF	Falls
0-0	0	0	0

### 149

#### MITCH MOORE

Sr. • St. Paris, Ohio  
Virginia Tech



Record	MD	TF	Falls
3-1	0	1	2

### 157

#### JUSTIN THOMAS

Gr. • Huntington Beach, Calif.  
Calvary Chapel HS



Record	MD	TF	Falls
0-0	0	0	0

### 165

#### TROY MANTANONA

Jr. • Palm Desert, Calif.  
San Francisco State



Record	MD	TF	Falls
2-2	0	0	1

### 174

#### ANTHONY MANTANONA

R-Sr. • Palm Desert, Calif.  
Palm Desert HS



Record	MD	TF	Falls
3-1	0	1	0

### 184

#### DARRIEN ROBERTS

Jr. • Bethlehem, Pa.  
Wyoming Seminary Prep

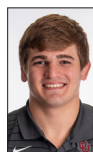


Record	MD	TF	Falls
4-1	1	0	0

### 197

#### JAKE WOODLEY

R-Sr. • Pittsburgh, Pa.  
North Allegheny HS



Record	MD	TF	Falls
4-0	0	0	0

### 285

#### JOSH HEINDSELMAN

R-So. • Piedmont, Okla.  
Piedmont HS



Record	MD	TF	Falls
2-1	0	0	1

### LAST TIME OUT

- ▶ Oklahoma sent 16 wrestlers to the Michigan State Open last weekend and came home with three titles from six finalists for a 38-23 record in their first regular-season tournament in two seasons.
- ▶ Newcomer Joey Prata, senior Tony Madrigal, and redshirt senior Jake Woodley all brought home hardware from the season opener after winning their weight class. It was Woodley's second career Michigan State Open title.
- ▶ Senior Mitch Moore, redshirt senior Anthony Mantonona, and redshirt sophomore Josh Heindselman all made it to the final match of their brackets as well, taking home second-place.
- ▶ Junior Darrien Roberts battled through the consolation bracket at 184 pounds to take third-place.

**COACHING STAFF**

**Head Coach:** Lou Rosselli (Edinboro '93)

**Career Record:** 39-35 (6th season)

**Oklahoma Record:** Same

**Assistant Coaches:**

Michael Lightner (Oklahoma, '01),

Nick Heflin (Ohio State, '14)

**Volunteer Assistant:**

Sam Hazewinkel (Oklahoma, '07)

**2021 RECAP**

**Dual Record:** 5-5

**Conference Record:** 2-4

**Big 12 Championship Finish:** 1st

**NCAA Finish:** 24th

**Starters Returning/Lost:** 9/1

**NCAA Qualifiers Returning/Lost:** 7/0

**OU WRESTLING HISTORY**

**National Championships:** 7

1936, 1951, 1952, 1957, 1960, 1963, 1974

**Conference Titles:** 24

1930, 1932, 1934, 1935, 1936, 1938, 1948,

1950, 1951, 1952, 1953, 1954, 1955, 1956, 1957,

1960, 1967, 1968, 1981, 1985, 1986, 1999,

2002, 2021

**10+Win Seasons:** 45

1960, 1961, 1963, 1965, 1966, 1967, 1968, 1970,

1973, 1974, 1975, 1976, 1978, 1979, 1980, 1981,

1982, 1983, 1984, 1985, 1986, 1988, 1989,

1999, 2000, 2001, 2002, 2003, 2004, 2005,

2006, 2007, 2008, 2009, 2010, 2011, 2012,

2014, 2016, 2017, 2019

**All-Americans:** 277

**Individual National Champions:** 67

**Individual Conference Champions:** 186



**#17 OKLAHOMA AT. WEST VIRGINIA PROJECTED MATCHUPS**

No. 22/24 Joey Prata (4-0).....	<b>125 POUNDS</b>	Colton Droucias (2-2)
No. 10/9 Tony Madrigal (5-0).....	<b>133 POUNDS</b>	Garett Lautzenheiser (3-1)
No. 13/9 Dom Demas (0-0) or Jacob Buter (1-2) .....	<b>141 POUNDS</b>	Caleb Rea (2-2)
No. 18/16 Mitch Moore (3-1).....	<b>149 POUNDS</b>	Jeffrey Boyd (5-2)
No. 18/13 Justin Thomas (0-0) .....	<b>157 POUNDS</b>	Caleb Dowling (6-1) or Alex Hornfeck (3-2)
Troy Mantanona (2-2).....	<b>165 POUNDS</b>	No. 14/16 Peyton Hall (5-0)
No. RV/27 Anthony Mantanona (3-1).....	<b>174 POUNDS</b>	Scott Joll (3-1) or Dennis Robin (2-2)
No. RV/26 Darrien Roberts (4-1) .....	<b>184 POUNDS</b>	Anthony Carman (5-2)
No. 6/9 Jake Woodley (4-0) .....	<b>197 POUNDS</b>	Jackson Moomau (0-2)
No. 17/22 Josh Heindselman (2-1) .....	<b>285 POUNDS</b>	Michael Wolfram (5-2)

Rankings are Flo/Intermat (11/9)



**NORMAN: TITLE TOWN**

- ▶ Head Coach **Lou Rosselli** and the Oklahoma wrestling team captured the program's 24th conference title at the 2021 Big 12 Championships.
- ▶ It was the program's first conference title in 19 years, last winning in 2002.
- ▶ **Dom Demas** won his second conference title and gave Oklahoma its 186th individual conference championship.
- ▶ The Sooners were powered to their third conference title in the Big 12 era by three finalists and six wrestlers who earned automatic bids to the NCAA championships. Demas was joined in the final round by **Tony Madrigal** and **Mitch Moore**. **Jake Woodley**, **Justin Thomas**, and **Josh Heindselman** all earned NCAA qualification. **Anthony Mantanona** also received an at large bid.
- ▶ Following the championship, Rosselli was named Big 12 Coach of the Year.

**THE LAST DANCE: OUR LAST DUAL AGAINST THE MOUNTAINEERS**

- ▶ The Sooners last faced West Virginia Jan. 17, 2021 in Morgantown, W.Va., and they came away with a 21-9 victory in what was their first Big 12 action of the season.
- ▶ Oklahoma started the dual on a five-match winning streak with **Tony Madrigal**, **Dom Demas**, **Mitch Moore** and **Justin Thomas** all picking up decision wins to put the Sooners in the driver's seat.
- ▶ **Anthony Mantanona** picked up the most lopsided victory on the day, claiming a 13-7 decision over West Virginia's Scott Joll. The two could be slated to square off again this year.

**SCOUTING THE MOUNTAINEERS**

- ▶ West Virginia traveled to the Clarion Open last weekend, where it took second place as a team, falling eight points shy of Navy.
- ▶ Star 165-pounder No. 14/16 Peyton Hall won the title in his weight class, while eight other Mountaineers finished in the top six of their respective brackets. Hall was an NCAA qualifier last season.
- ▶ WVU is led by head coach Tim Flynn, who is 15-29 at the helm of the Mountaineers' program.

**SERIES HISTORY**

- ▶ Saturday's dual marks the 12th meeting between the two programs, who first met in 2003.
- ▶ Oklahoma leads the all-time series 9-2.

## SOONERS IN THE RANKINGS

- ▶ Oklahoma comes into its first dual action of the season as the No. 17-ranked team in the country according to the National Wrestling Coaches Association.
- ▶ The three primary wrestling rankings (Flo/Intermat/OpenMat) selected a host of Sooners in their initial rankings. FloWrestling tabbed seven Oklahoma starters as top-25 wrestlers in their respective weight classes, with two more as honorable mentions. While The Open Mat selected eight Sooners inside of its top 33.
- ▶ Intermat has a Sooner ranked in all 10 of the weight class divisions, marking the first time that the entire lineup has been ranked under Rosselli.

## VETERAN PRESENCE

- ▶ Rosselli's squad returns all but one of its starters from last season in 2021-22. The projected OU lineup features seven NCAA qualifiers from a season ago, three All-Americans and a two-time Big 12 champion in Demas.
- ▶ Sixth-year senior **Justin Thomas** leads a team loaded with years of elite experience. All but one of the projected starters are upperclassmen.
- ▶ The Sooners also added a Virginia Tech transfer for the second straight season. Redshirt senior **Joey Prata** joins former Hokie teammate **Mitch Moore** on this year's Sooner squad and will start in the 125-pound spot. Oklahoma also added **Joe Grello** from Rutgers and **Keegan Moore** from Northern Iowa.

## EDINBORO CONNECTION

- ▶ For Oklahoma head coach **Lou Rosselli** and West Virginia head coach Tim Flynn, Saturday's dual is a personal one. Flynn served as an assistant coach at Edinboro during Rosselli's final two years as a wrestler for the Fighting Scots. Rosselli then spent 11 years as an assistant at his alma mater, working under Flynn who was Edinboro's head coach from 1997-2018.
- ▶ Saturday will be the fourth time the pair have squared off as head coaches, with Rosselli holding a 3-0 advantage over his former mentor.
- ▶ Both men have been inducted into Edinboro Athletics' Hall of Fame.

## THE FUTURE IS BRIGHT

- ▶ Despite the Sooners experience-laden squad for the 2021-22 season, head coach **Lou Rosselli** has set the program up for future success after compiling four top-15 recruiting classes in his six years in Norman.
- ▶ The Sooners have landed 11 top-100 recruits since Rosselli took over, including 2022 signees **Joey Cruz** (#13 at 120), **Christian Forbes** (#3 at 106), and **John Wiley** (#9 at 160).
- ▶ In 2021 Rosselli inked signees **Tate Picklo** (#1 at 195) and **Alejandro Herrera-Rondon** (#4 at 145). Herrera-Rondon took the title in the 157-pound freshman/sophomore division of the Michigan State Open.

## HOMEGROWN HIRE

- ▶ In September, Oklahoma wrestling announced the hiring of 2012 Paris Olympian, four-time All American and three-time Big 12 champion **Sam Hazewinkel** as a volunteer assistant coach. He returns to his alma-mater after stints as an assistant coach at the University of Central Oklahoma and as head coach at Oklahoma City University.
- ▶ Sam and his father are the only father and son Olympians in American wrestling history. The elder Hazewinkel competed in the 1968 and 1972 Olympics games.

## #CHAMPU

- ▶ Since the inception of collegiate wrestling in 1928, Oklahoma has been one of the most dominant wrestling programs in the country. The Sooners have seven team national titles, 24 conference championships, 67 individual national champs, 186 individual conference champions and 277 All-Americans.
- ▶ The NCAA named Oklahoma the fourth-greatest wrestling dynasty in the country in the summer of 2020.

## MR. WORLD WIDE

- ▶ **Dom Demas** traveled to Belgrade, Serbia, on Nov. 4 to represent the United States at the U23 World Championships. He booked his spot on the team by winning the UWW U23 65 kg bracket at U23 Nationals in May.
- ▶ It was the fifth time he had been an age-group World Team member, making the Cadet World team twice (2014, 2015), the Junior Greco-Roman World team (2017) and the Junior World freestyle team (2018).
- ▶ In Serbia, Demas was defeated by Ziraddin Bayramov of Azerbaijan in a 6-2 decision.

## NWCA COACHES POLL

The Sooners appear in the NWCA Coaches Poll for the 11th consecutive week, arriving at No. 17 this week.

RK	TEAM	RECORD	PTS
1	Iowa (14)	(0-0)	350
2	Penn State	(0-0)	336
3	Missouri	(0-0)	315
4	Michigan	(0-0)	312
5	NC State	(0-0)	287
6	Oklahoma State*	(0-0)	270
7	Virginia Tech	(0-0)	267
8	Arizona State*	(0-0)	259
9	Ohio State	(1-0)	231
10	Nebraska	(0-0)	228
11	Minnesota	(0-0)	206
12	Cornell	(0-0)	197
13	North Carolina	(2-1)	166
14	Iowa State*	(0-0)	165
15	Pittsburgh	(0-0)	158
16	Northern Iowa	(0-0)	123
<b>17</b>	<b>Oklahoma</b>	<b>(0-0)</b>	<b>117</b>
18	Illinois	(0-0)	99
19	Rutgers	(3-0)	96
20	Purdue	(2-0)	66
21	Princeton	(0-0)	51
21	Wyoming	(0-0)	51
23	Wisconsin	(1-0)	43
24	Stanford	(0-0)	40
25	Northwestern	(0-0)	38

\* indicates 2021 dual opponent

## WRESTLING NATIONAL TITLES

Oklahoma has the fifth-most team national titles (7) in the history of collegiate wrestling, winning titles in 1936, 1951, 1952, 1957, 1960, 1963 and 1974. The team's title in 1936 was the first from any team at the University of Oklahoma.

PROGRAM	CHAMPIONSHIPS
Oklahoma State	34
Iowa	24
Penn State	9
Iowa State	8
<b>Oklahoma</b>	<b>7</b>
Minnesota	3

## INDIVIDUAL NOTES

### 125 POUNDS - JOEY PRATA (REDSHIRT SENIOR)

- ▶ Took the title at the Michigan State Open in his first action as a Sooner, winning all four matches by three points or less.
- ▶ Defeated No. 22 Justin Cardani of Illinois in the semifinals.
- ▶ Transferred to Oklahoma from Virginia Tech this offseason. Had a 34-25 record for the Hokies.
- ▶ Placed third at the ACC Championships in the 2019-20 season to claim an automatic qualification to the NCCAs
- ▶ Won via 12-0 major decision last season over projected opponent WVU's Colton Drousius

### 133 POUNDS - TONY MADRIGAL (SENIOR)

- ▶ Won the 133-pound title at the Michigan State Open. Claimed victory over three ranked opponents in his final three matches en route to his first collegiate title.
- ▶ Jumped up 13 spots in the FloWrestling rankings following his title. The biggest one week improvement of any wrestler at any weight class so far this season.
- ▶ Big 12 finalist and NCAA Qualifier in 2021. Secured four top-25 wins on his way to a 6-10 overall record.
- ▶ Went 20-9 in 2019-20 with a team-high 11 wins over ranked opponenets and earned his first NCAA qualification (tournament cancelled). Finished fourth at Big 12s.

### 141 POUNDS - DOM DEMAS (REDSHIRT SENIOR)

- ▶ Ranked No. 13 by FloWrestling to start the year.
- ▶ Did not compete in the Michigan State Open due to his inclusion in the U.S. team for the U23 World Championships in Belgrade, Serbia, this past week.
- ▶ Won his second Big 12 championship by defeating ISU's Ian Parker in TB-2. Held a 15-3 record in the 2020-21 season, including a 10-match win streak from Jan. 24 thru March 18. Earned the No. 5 seed at the national championship where he went 3-2 and was eliminated in the blood rounds
- ▶ Owns a team high 75 wins as a Sooner. Won his 75th career match at the NCAAs, in a 14-8 decision over Ohio State's Dylan D'Emilio.
- ▶ Has a career record of 75-19 and is a two-time All-American and a two-time Big 12 champion.

### 141 POUNDS - JACOB BUTLER (REDSHIRT JUNIOR)

- ▶ Went 1-2 over the weekend at the Michigan State Open. Winning via 5-4 decision over 2021 NCAA qualifier Ohio State's Dylan D'Emilio.
- ▶ 15-18 career overall record, 4-8 in duals.
- ▶ A three-time Oklahoma state champion (2016, 2017 and 2018) with a 176-9 career high school record, including a 41-0 mark as a senior.

### 149 POUNDS - MITCH MOORE (SENIOR)

- ▶ Finalist at the Michigan State Open. Was forced to medically withdraw in final match. Earned two of his three wins in the tournament via fall.
- ▶ Big 12 finalist and NCAA qualifier with a 12-6 record in the 2020-21 season.
- ▶ Owns career record of 46-24, and is 15-6 at 149 pounds for OU after wrestling at 141 pounds for Virginia Tech for two seasons.
- ▶ Has 21 wins via fall (.300%) in 70 matches. He broke his own fastest pin record with a 0:21 vs. Edinboro's Jacob Pail at the Michigan State Open, with his previous his fastest pin (0:25) coming vs. Bucknell's Logan Sanom on Jan. 24. He now sits in a tie at 14th for most career pins by a Sooner and has two of the top eight fastest falls in Sooner history.
- ▶ Two-time NCAA qualifier for the Hokies at 141 pounds and was named the ACC Freshman of the Year in 2019.

### 157 POUNDS - JUSTIN THOMAS (GRADUATE STUDENT)

- ▶ Ranked No. 18 by FloWrestling to start the season after going 11-5 in 2020-21 with an 8-2 dual record.
- ▶ Two-time Big 12 wrestler of the week last season.
- ▶ Enters his sixth season with Oklahoma wrestling and fifth as a starter. Owns a 74-43 overall record. Won 20+ matches in each of the last three seasons prior to the shortened 2020-21 campaign.
- ▶ 27-8 record in dual action dating back two seasons and has won 19 of his last 24 dual matches overall.
- ▶ Finished as a Big 12 runner-up in 2019, finished third in 2021, and finished fourth in 2020. Three-time NCAA qualifier.

#### NATIONAL RANKINGS

Ten Sooners are ranked by Flo Wrestling, InterMat or the Open Mat entering Saturday's dual with West Virginia, the most in one week under Coach Rosselli. The NWCA Coaches Polls tabs Oklahoma at No. 17.

#### FloWrestling (as of Nov. 9, 2021)

Wt.	Wrestler	Rank
125	Joey Prata	22
133	Tony Madrigal	10
141	Dom Demas	13
149	Mitch Moore	18
157	Justin Thomas	18
174	Anthony Mantanona	HM
184	Darrien Roberts	HM
197	Jake Woodley	6
285	Josh Heindselman	17

#### InterMat (as of Nov. 9, 2021)

Wt.	Wrestler	Rank
125	Joey Prata	24
133	Tony Madrigal	9
141	Dom Demas	9
149	Mitch Moore	16
157	Justin Thomas	13
165	Joe Grello	29
174	Anthony Mantanona	27
184	Darrien Roberts	26
197	Jake Woodley	9
285	Josh Heindselman	22

#### The Open Mat (as of Nov. 9, 2021)

Wt.	Wrestler	Rank
125	Joey Prata	20
133	Tony Madrigal	13
141	Dom Demas	8
149	Mitch Moore	13
157	Justin Thomas	14
174	Anthony Mantanona	19
197	Jake Woodley	7
285	Josh Heindselman	18

## DUAL 1: WEST VIRGINIA - OKLAHOMA NOTES

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### 165 POUNDS - TROY MANTANONA (REDSHIRT JUNIOR)

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- ▶ Went 2-2 at the Michigan State Open and opened his season with a 2:35 pin of Illinois' Baan Rachal and a 7-2 decision victory over Cal Poly's Maxwell Anderson.
- ▶ Owns a 19-13 collegiate record. Went 6-5 last year in his first season with the Sooners after transferring from San Francisco State. He has won 14 of his matches via fall.
- ▶ Notched back-to-back pins at the Big 12 Championship to help deliver OU its first conference title since 2002, grabbing sixth-place at 165 individually.
- ▶ Brother, Anthony, competes for the Sooners at 174 pounds.
- ▶ As a prep wrestler he finished in fifth at the 2019 Folkstyle Nationals. He was the 2019 Masters Champion and four-time Masters qualifier. 2017 CIF Champion and state placer (seventh), as well as a four-time CIF qualifier and two-time runner-up.

### 174 POUNDS - ANTHONY MANTANONA (REDSHIRT SENIOR)

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- ▶ Ranked No. 19 by The Open Mat.
- ▶ Defeated his projected opponenet, WVU's Scott Joll, via 13-7 decision in the dual with West Virginia last season.
- ▶ A finalist at the Michigan State Open, where he went 3-1 with one of the wins coming in an 18-3 tech fall victory over Illinois' Trey Sizemore.
- ▶ Had break-out season in 2019-20 to become the 276th All-American in program history. Finished the year with a 21-7 record and as Big 12 runner-up.
- ▶ Has 20 wins via fall (.247%) in 81 matches. Holds the seventh spot for fastest falls in Sooner history with a 0:24 fall in 2019. He sits in a tie for 15th for most career pins by a Sooner.
- ▶ Brother, Troy, wrestles at 165 pounds for the Sooners.

### 184 POUNDS - DARRIEN ROBERTS (JUNIOR)

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- ▶ Ranked No. 26 by Intermat.
- ▶ Earned a third-place finish at the Michigan State Open, going 4-1 with his only loss coming to No. 9 Brit Wilson of Northern Illinois. He defeated No. 23 Layne Malczewski of Michigan State with a 11-3 major decision in the third place game.
- ▶ Lost to his projected opponent, WVU's Anthony Carman, in a 7-6 decision in last season's dual against the Mountaineers.
- ▶ Holds a 27-20 career record. Went 8-7 in 2020-21 in his second year as a starter.
- ▶ Grabbed sixth place at the 2021 Big 12 Championship and finished seventh at the 2020 Big 12 Championship.

### 197 POUNDS - JAKE WOODLEY (REDSHIRT SENIOR)

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- ▶ Ranked No. 6 by FloWrestling.
- ▶ Claimed the 197-pound title at the Michigan State Open. He went a perfect 4-0 record with back-to-back wins over ranked opponents in No. 12 Cam Caffey of Michigan State and No. 8 Patrick Brucki of Michigan to claim the hardware. It was his second career title at the Michigan State Open.
- ▶ Became Oklahoma's 276th All-American by finishing sixth at the NCAA Championship. He earned his All-American status as the No. 26 seed at the NCAA Championship, becoming the lowest-seeded wrestler in NCAA history to claim the honor.
- ▶ Repeated as U23 freestyle national champion in November 2020 at 92 kg. Defeated Iowa All-American Jacob Warner in the final.
- ▶ Owns 67-32 career record as a Sooner, including 12-10 last season. All 10 of his losses came at the hands of top-eight wrestlers. His 25-12 career record in dual action is among the best on the team.
- ▶ He outscored opponents 115-49 in the 2020-21 season and led the team in tech falls with three.
- ▶ Grabbed third-place at Big 12s in 2019 and fifth in 2020. Three-time NCAA qualifier.

### 285 POUNDS - JOSH HEINSELMAN (REDSHIRT SOPHOMORE)

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- ▶ Ranked No. 17 by FloWrestling.
- ▶ Won in a 6-2 decision over his projected opponent, WVU's Michael Wolfgram, in last season's dual with the Mountaineers.
- ▶ Took second-place at the Michigan State Open after winning his first two matches before losing a tight contest with Northwestern's Lucas Davison in a 2-0 decision.
- ▶ Went 10-7 in his first season in the starting lineup, including a 7-3 record in dual action. Capped off his year finishing fourth at the Big 12 Championship and earned a No. 19 seed at the national championship.
- ▶ Took home the UWW national championship at 125 kg in November 2020, outscoring opponents 51-13. Defeated Virginia Tech's Super 32 champion Hunter Catka via 15-6 decision in the title bout.
- ▶ Two-time Oklahoma state champion for Piedmont High School and was named to the wrestling All-State team as a senior. Three-time Fargo All-American and was ranked inside the top 10 nationally as a senior.



# LOU ROSSELLI

**L**ou Rosselli was named the head wrestling coach at the University of Oklahoma on August 30, 2016, after spending 10 years on the Ohio State coaching staff. He now enters his sixth year at the helm of the seven-time national champion Oklahoma wrestling program in 2021-22 and is the reigning Big 12 Coach of the Year.

In Rosselli's first year at the helm the program's development was evident as the squad produced a 10-3 mark after the holiday break to finish the season with an 11-6 overall record, including wins over three ranked teams. In addition, the Sooners finished in second place at the 2017 Big 12 Championship, and eight wrestlers qualified for the 2017 NCAA Championships in St. Louis. Rosselli made a mark in the recruiting circuit as he picked up seven top-100 recruits to begin the 2017-18 season.

The Sooners posted an 8-11 mark in Rosselli's second season and sent five wrestlers to the NCAA Championships, held in Cleveland, Ohio. Rosselli continued his trend of high-caliber recruiting, adding four more top-100 recruits to the roster ahead of the 2018-19 season.

Rosselli's third year saw the Sooners go 10-6 overall and 5-3 in conference matches. Redshirt freshman Dom Demas became OU's 274th all-time All-American wrestler and picked up the Big 12 title at 141 pounds. Demas and four other Sooners qualified for the NCAA Championships.

In his fourth year at the helm, the Sooners qualified six for the NCAA Championships, led by top-10 national seeds and NWCA All-Americans Dom Demas and Anthony Mantanona. Oklahoma continued its high level of recruiting, securing a top-20 class nationally.

Rosselli's fifth year saw the Sooners win their first Big 12 Championship since 2002 and secured his highest-ranked recruiting class since 2016 by signing two No. 1 recruits in Tate Picklo and Alejandro Herrera-Rondon. Rosselli guided Dom Demas to his second Big 12 Championship and Jake Woodley to the podium at NAAs, becoming OU's 276th All-American. The Sooners were ranked inside the top-20 nationally throughout the entire season and tallied the best finish at the national championship of the Rosselli era.

During his time in Norman, Rosselli's squads have produced 31 Big 12 All-Academic honorees, 36 NCAA qualifications and seven conference finalists.

Prior to his arrival at OU, Rosselli was promoted from Buckeyes assistant coach to associate head coach following the 2008-09 season after helping lead OSU to NCAA runner-up finishes in 2008 and 2009. He also played an integral role in helping deliver the program's first national championship in 2015.

A native of Middleport, N.Y., Rosselli was named the 2009 National Wrestling Coaches Association Assistant Coach of the Year and the 2014 USA Wrestling Freestyle Coach of the Year. He mentored four-time NCAA Champion Logan Stieber and two-time champ J Jagggers.

Additionally, the three-time Terry McCann National Freestyle Coach of the Year (2007, 2013 and 2016) has had a large presence with USA Wrestling and has served as a volunteer coach for the U.S. Olympic Freestyle Team at both the 2016 Rio Games, where the U.S. earned two medals (one gold), and the 2012 London Games, where the U.S. won three medals (two gold). As a three-time U.S. Freestyle World Team Coach, Rosselli led his squads to third-place finishes at the 2006 and 2011 FILA Wrestling World Championships, and to a fourth-place showing in 2007.

Rosselli, the 14th head wrestling coach in OU history, was named to the 2015 USA Wrestling coaching staff for the 2015 World Championships, and his 2009 team earned gold at the Pan American Championships. In 2010, he coached the U.S. World University Games Team, and he served as assistant coach when the U.S. placed third at the 2005 World University Games in Izmir, Turkey.

Rosselli was a wrestler on the 1996 U.S. Olympic Team (114.5 pounds), and earned gold at the 1997 World Cup and silver at the 1998 Pan American Championships. He was also a University National Freestyle champ in 1994 before capturing U.S. National Freestyle titles in 1995, 1996 and 1999.

A two-time All-American, Rosselli wrestled collegiately at Edinboro from 1989 to 1993.

He was named the Pennsylvania State Athletic Conference and Eastern Wrestling League Championships Outstanding Wrestler in his senior season and was a three-time PSAC champion at 118 pounds. In his rookie season, Rosselli was named the EWL Freshman of the Year and became the first freshman from Edinboro to qualify for the NCAA Championships.

Rosselli earned the Young Alumni Award from the Edinboro University Alumni Association and has been named to the Edinboro, Eastern Wrestling League and Greater Buffalo Sports halls of fame.

Prior to his stint with the Buckeyes, Rosselli served as a volunteer assistant coach at Edinboro for three years before being promoted to assistant coach for eight seasons. Rosselli earned a bachelor's degree in health and physical education from Edinboro in 1993.

Rosselli and his wife Amy are parents to Jordan, who wrestled at OU, as well as Ty and Jaxson.

## OKLAHOMA ASSISTANT COACHES



**MIKE LIGHTNER**  
Assistant Coach  
Oklahoma, 2001

Mike Lightner enters his 13th year with the Sooners in 2020-21. He has helped develop middleweights at OU, including national champions Cody Brewer and Kendric Maple. Was a four-time Big 12 champion and 2001 national champion at 141 pounds for the Sooners.

### COACHING HISTORY

**2009-Present: Oklahoma**  
Assistant Coach  
**2008-09: Oklahoma**  
Volunteer Assistant  
**2001-04/07: Oklahoma**  
Club Coach



**NICK HEFLIN**  
Assistant Coach  
Ohio State, 2014

Nick Heflin was named an OU assistant coach in 2017 and is in his fifth year in Norman. He has worked heavily with Sooners at the 184, 197 and 285 weights, developing NCAA qualifiers like Jake Woodley. He has helped boost Oklahoma recruiting by helping bring multiple top-100 recruits to Norman.

### COACHING HISTORY

**2017-Present: Oklahoma**  
Assistant Coach  
**2015-17: Princeton**  
Volunteer Assistant



**SAM HAZEWINKEL**  
Volunteer Assistant  
Oklahoma, 2007

The former four time All-American and Olympian joined the staff after previously serving as the head coach of the Oklahoma RTC. He was a three time Big 12 champion for OU at 125-pounds and he represented the U.S. at the Olympic Games in Paris in 2012. Led Oklahoma City University to a conference title and a top-10 finish at the NAIA Championships.

### COACHING HISTORY

**2021-Present: Oklahoma**  
Volunteer Assistant  
**2020-2021: Oklahoma RTC**  
Head Coach  
**2018-2020: Oklahoma City Univ.**  
Head Coach  
**2016-2018: Central Oklahoma**  
Assistant Coach

## THE ROSSELLI FILE

Hometown.....Middleport, N.Y.  
High School.....Roy-Hart HS, 1988  
College.....Edinboro, 1993  
Family.....Wife, Amy  
.....Sons: Jordan, Ty and Jaxson

## AS OU HEAD COACH

Years.....6th  
Record.....39-35  
vs. Big 12 Teams.....18-21  
Home Record.....15-10  
Road Record.....11-16  
Neutral Site Record.....13-9  
Top-25 Wins.....8  
NCAA Qualifiers.....30

## COACHING HISTORY

**2016-Present: Oklahoma**  
Head Coach  
**2009-2016: Ohio State**  
Associate Head Coach  
**2006-2009: Ohio State**  
Assistant Coach  
**1996-2006: Edinboro**  
Assistant Coach  
**1993-1996: Edinboro**  
Volunteer Assistant Coach

## ALL-AMERICANS COACHED (22)

2021.....	Jake Woodley.....	197
2020.....	Dom Demas.....	141
2020.....	Anthony Mantanona.....	174
2019.....	Dom Demas.....	141
2016.....	Nathan Tomasello.....	125
2015.....	Nathan Tomasello.....	125*
2015.....	Logan Stieber.....	141*
2014.....	Logan Stieber.....	141*
2013.....	Hunter Stieber.....	141
2013.....	Logan Stieber.....	133*
2012.....	Hunter Stieber.....	141
2012.....	Logan Stieber.....	133*
2010.....	Reece Humphrey.....	141
2010.....	Lance Palmer.....	149
2010.....	Nathan Triggas.....	125
2009.....	R. Humphrey.....	133
2009.....	J Jagggers.....	141*
2009.....	Lance Palmer.....	149
2008.....	J Jagggers.....	141
2008.....	Lance Palmer.....	149
2007.....	J Jagggers.....	141
2007.....	Lance Palmer.....	149
2006.....	Shawn Bunch.....	133
2006.....	Gregor Gillespie.....	149
2005.....	Shawn Bunch.....	133
2002.....	Cory Ace.....	133

\* indicates national champion

# 2021-22 OKLAHOMA WRESTLING ROSTER

Name	Height	Weight	Year	Hometown / Last School
Carson Berryhill	6-1	184	R-So.	Tuttle, Okla. / Tuttle HS
Talon Borrer	6-0	184	R-So.	Coweta, Okla. / Coweta HS
Jake Boyd	6-1	285	R-Sr.	Smithville, Mo. / Smithville HS
Jacob Butler	5-11	149	R-Jr.	Elgin, Okla. / Elgin HS
Niko Chavez	5-7	141	R-Jr.	Willard, Mo. / Willard HS
Rex Collins	6-0	174	Jr.	McKinney, Texas / McKinney Christian
Jack Creamer	5-8	125	R-Fr.	Sterling, Va. / Dominion HS
Dom Demas	5-7	141	R-Sr.	Columbus, Ohio / Dublin Coffman HS
Cabe Dickerson	6-0	197	R-Fr.	Altus, Okla. / Altus HS
Sam Dover	5-9	149	Jr.	Westlake, Ohio / St. Edward HS
Antonio George	5-9	133	R-Fr.	Old Brookville, N.Y. / North Shore HS
Thatcher Hall	5-10	157	R-Fr.	Jenks, Okla. / Jenks HS
Josh Heindselman	6-0	285	R-So.	Piedmont, Okla. / Piedmont HS
Alejandro Herrera-Rondon	5-10	157	Fr.	Zelienople, Pa. / Seneca Valley HS
Jared Hill	-	149	Fr.	Broken Arrow, Okla. / Broken Arrow HS
Elijah Joseph	5-10	174	R-Jr.	Killeen, Texas / Harker Heights HS
Micah Lugafet	5-10	149	R-Fr.	Edmond, Okla. / Deer Creek HS
Tony Madrigal	5-8	133	Sr.	Oak Park, Ill. / River Forest HS
Anthony Mantanona	6-0	174	R-Sr.	Palm Desert, Calif. / Palm Desert HS
Troy Mantanona	6-2	165	Jr.	Palm Desert, Calif. / San Francisco State
Willie McDougald	5-7	149	R-Fr.	Niagara Falls, N.Y. / Niagara Falls HS
Keegan Moore	-	184	R-Sr.	Jackson, Minn. / Northern Iowa
Mitch Moore	5-5	149	Sr.	St. Paris, Ohio / Virginia Tech
Brice O'Hara	5-8	141	R-Jr.	Farmingville, N.Y. / Sachem East HS
Jackson Oplotnik	5-8	157	R-Fr.	Edmond, Okla. / Memorial HS
Greyden Penner	5-10	174	R-Fr.	Kansas City, Mo. / Liberty HS
Cam Picklo	5-9	149	R-So.	Mustang, Okla. / Cornell
Tate Picklo	5-10	197	Fr.	Mustang, Okla. / Mustang HS
Joey Prata	-	125	R-Sr.	Richmond, Va., / Virginia Tech
Darrien Roberts	5-10	184	Jr.	Bethlehem, Pa. / Wyoming Seminary
Jordan Rosselli	5-3	125	R-Jr.	Powell, Ohio / Olentangy Liberty HS
Caleb Tanner	5-5	125	R-Fr.	Collinsville, Okla. / Collinsville HS
Justin Thomas	5-10	157	Gr.	Huntington Beach, Calif. / Calvary Chapel HS
Gabe Vidlak	-	125	R-Fr.	Williams, Ore. / Oregon State
Alex Vislosky	5-8	157	R-Fr.	Melissa, Texas / Lovejoy HS
Ryder Wiese	-	285	Fr.	Blanchard, Okla. / Blanchard HS
Jake Woodley	6-0	197	R-Sr.	Pittsburgh, Pa. / North Alleghany HS
Zack Zeamer	5-7	141	R-Jr.	Manheim, Pa. / Manheim Central HS
Jacob Zimmer	5-7	133	R-Fr.	Norman, Okla. / Norman North HS

## PRONUNCIATION GUIDE

Tony MADRIGAL: MAD-ruh-gul

Dom DEMAS: DEE-mus

Anthony/Troy MANTANONA: Man-ta-NO-na

Josh HEINDSELMAN: HIND-sul-men

Lou ROSSELLI: RUH-sell-ee

# OKLAHOMA 2021-22 INDIVIDUAL RESULTS



**JOEY PRATA**  
125, REDSHIRT SENIOR  
RICHMOND, VA./VIRGINIA TECH

2021-22 RECORD: 4-0  
CAREER RECORD: 38-25



**TONY MADRIGAL**  
133, SENIOR  
OAK PARK, ILL.

2021-22 RECORD: 5-0  
CAREER RECORD: 46-35

## MATCH-BY-MATCH RESULTS IN 2021-22

Date	Weight	Dual/Tournament	Opponent	Result
11/6	125	Michigan State Open	Antonio Lorenzo (Cal Poly)	W, Dec. 4-3
11/6	125	Michigan State Open	Brady Koontz (Ohio State)	W, Dec. 4-1
11/6	125	Michigan State Open	No. 22 Justin Cardani (Illinois)	W, TB-1 3-2
11/6	125	Michigan State Open	Brock Bergelin (Central Michigan)	W, Dec. 4-3

## MATCH-BY-MATCH RESULTS IN 2021

Date	Weight	Dual/Tournament	Opponent	Result
11/6	133	Michigan State Open	Mikey Kaminski (Northern Illinois)	W, Dec. 4-1
11/6	133	Michigan State Open	Philip Kue (Ohio State)	W, Maj. 10-0
11/6	133	Michigan State Open	No. 18 Dylan Ragusin (Michigan)	W, Dec. 4-3
11/6	133	Michigan State Open	No. 5 Lucas Byrd (Illinois)	W, SV-1 3-1
11/6	133	Michigan State Open	Rayvon Foley (Michigan State)	W, Dec. 4-3



# OKLAHOMA 2021-22 INDIVIDUAL RESULTS



**DOM DEMAS**  
141, REDSHIRT SENIOR  
COLUMBUS, OHIO

2021-22 RECORD: 0-0  
CAREER RECORD: 75-19



**MITCH MOORE**  
149, SENIOR  
ST. PARIS, OHIO/VIRGINIA TECH

2021-22 RECORD: 3-1  
CAREER RECORD: 46-24

## MATCH-BY-MATCH RESULTS IN 2021-22

Date	Weight	Dual/Tournament	Opponent	Result
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## MATCH-BY-MATCH RESULTS IN 2021-22

Date	Weight	Dual/Tournament	Opponent	Result
11/6	149	Michigan State Open	Mitchel Christensen (Central Michigan)	W, TF 18-2
11/6	149	Michigan State Open	Jacob Pail (Edinboro)	W, Fall 0:21
11/6	149	Michigan State Open	Christian Kanzler (Illinois)	W, Fall 2:31
11/6	149	Michigan State Open	Alec Hagan (Ohio)	L, MFF



**JACOB BUTLER**  
141, REDSHIRT JUNIOR  
ELGIN, OKLA.

2021-22 RECORD: 1-2  
CAREER RECORD: 15-18

## MATCH-BY-MATCH RESULTS IN 2021-22

Date	Weight	Dual/Tournament	Opponent	Result
11/6	141	Michigan State Open	Dylan D'Emilio (Ohio State)	W, Dec. 5-4
11/6	141	Michigan State Open	Lawrence Saenz (Cal Poly)	L, Dec. 9-5
11/6	141	Michigan State Open	We Rachal (Illinois)	L, SV-1 7-6

# OKLAHOMA 2021-22 INDIVIDUAL RESULTS



## JUSTIN THOMAS

157, GRADUATE STUDENT  
HUNTINGTON BEACH, CALIF.

2021-22 RECORD: 0-0  
CAREER RECORD: 74-43



## TROY MANTANONA

165, JUNIOR  
PALM DESERT, CALIF./SF STATE

2021-22 RECORD: 2-2  
CAREER RECORD: 21-15

### MATCH-BY-MATCH RESULTS IN 2021-22

Date	Weight	Dual/Tournament	Opponent	Result
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### MATCH-BY-MATCH RESULTS IN 2021-22

Date	Weight	Dual/Tournament	Opponent	Result
11/6	165	Michigan State Open	Baan Rachal (Illinois)	W, Fall 2:35
11/6	165	Michigan State Open	Kamal Adewumi (Ohio)	L, Dec. 6-3
11/6	165	Michigan State Open	Maxwell Anderson (Cal Poly)	W, Dec. 7-2
11/6	165	Michigan State Open	Tracy Hubbard (Central Michigan)	L, TF 17-2

# OKLAHOMA 2021-22 INDIVIDUAL RESULTS



## ANTHONY MANTANONA

174, REDSHIRT SENIOR  
PALM DESERT, CALIF.

2021-22 RECORD: 3-1  
CAREER RECORD: 51-34



## DARRIEN ROBERTS

184, JUNIOR  
BETHLEHEM, PA.

2021-22 RECORD: 4-1  
CAREER RECORD: 27-20

### MATCH-BY-MATCH RESULTS IN 2021-22

Date	Weight	Dual/Tournament	Opponent	Result
11/6	174	Michigan State Open	Joseph Walker (Michigan)	W, Dec. 12-6
11/6	174	Michigan State Open	Trey Sizemore (Illinois)	W, TF 18-3
11/6	174	Michigan State Open	Nate Jimenez (Michigan State)	W, MFF
11/6	174	Michigan State Open	Troy Fisher (Northwestern)	L, Maj. 16-7

### MATCH-BY-MATCH RESULTS IN 2021-22

Date	Weight	Dual/Tournament	Opponent	Result
11/6	184	Michigan State Open	Nkita Nepomnyashchiy (Illinois)	W, Dec. 8-5
11/6	184	Michigan State Open	Jack Jessen (Northwestern)	W, Dec. 7-2
11/6	184	Michigan State Open	No. 9 Brit Wilson (Northern Illinois)	L, Dec. 8-1
11/6	184	Michigan State Open	Ben Cushman (Central Michigan)	W, Dec. 7-4
11/6	184	Michigan State Open	No. 23 Layne Malczewski (Michigan State)	W, Maj. 11-3

# OKLAHOMA 2021-22 INDIVIDUAL RESULTS



## JAKE WOODLEY

197, REDSHIRT SENIOR  
PITTSBURGH, PA.

2021-22 RECORD: 4-0  
CAREER RECORD: 67-32



## JOSH HEINDSELMAN

285, REDSHIRT SOPHOMORE  
PIEDMONT, OKLA.

2021 RECORD: 2-1  
CAREER RECORD: 22-12

### MATCH-BY-MATCH RESULTS IN 2021-22

Date	Weight	Dual/Tournament	Opponent	Result
11/6	197	Michigan State Open	Bobby Striggow (Michigan)	W, Dec. 12-5
11/6	197	Michigan State Open	Andrew Davison (Northwestern)	W, Dec. 5-2
11/6	197	Michigan State Open	No. 12 Cam Caffey (Michigan State)	W, Dec. 5-2
11/6	197	Michigan State Open	No. 8 Patrick Brucki (Michigan)	W, SV-1 4-2

### MATCH-BY-MATCH RESULTS IN 2021-22

Date	Weight	Dual/Tournament	Opponent	Result
11/6	285	Michigan State Open	Jonathan Spaulding (Edinboro)	W, SV-1 3-1
11/6	285	Michigan State Open	No. 10 Matt Stencil (Central Michigan)	W, MFF
11/6	285	Michigan State Open	Lucas Davision (Northwestern)	L, Dec. 2-0